



Dr. Sheronda Witter U.S. Department of Education

Promoting the Lifelong Health and Overall Well-Being of Students through Physical Activity in Out-of-School Time Programming

October 17, 2024





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We need to ensure that high-quality out-of-school-time learning programs are accessible in every community, and that will take everyone getting involved.



U.S. SECRETARY OF EDUCATION

















Investments in Afterschool and Summer





Azle Independent School District, Texas

\$950,000 for afterschool programs serving more than 200 students



Tallahassee, Florida

\$30,000 for afterschool and summer programs to increase the number of new students by 150%



Hawai'i

\$13M for summer learning programs serving **20,000 students**



Best Practices Clearinghouse

- Chronic Absenteeism
- Program Funding and Sustainability
- Youth Voice, Choice,
 Agency, Belonging and
 Inclusivity
 - Mental Health and Well-Being
 - Career Pathways



Lights On Afterschool

October 24, 2024 serves as the 25th annual Lights On Afterschool. This nationwide event celebrates afterschool programs and their important role in the lives of children, families and communities.



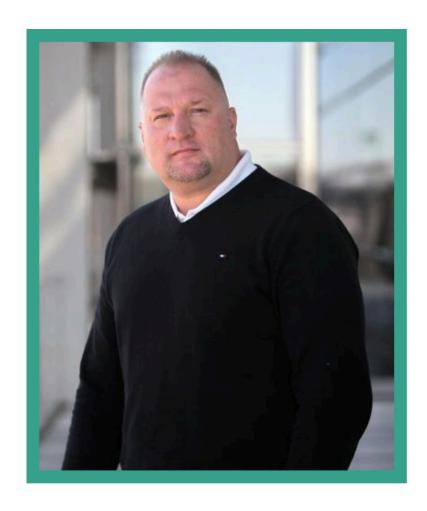






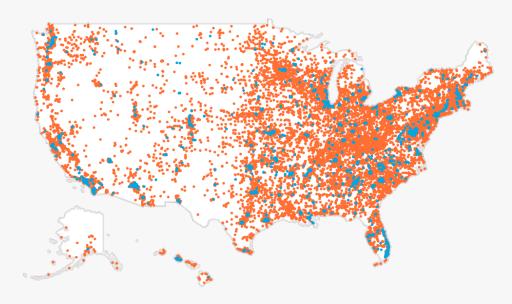


Make a
PLEDGE
to work toward
Afterschool and
Summer for all.



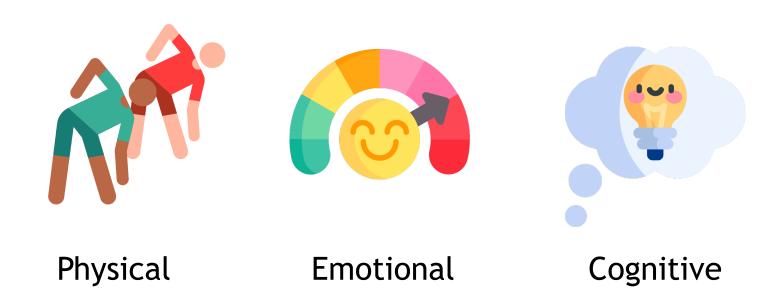
Sean BrockAlliance for a Healthier Generation

We promote healthy environments so that young people can achieve lifelong good health.



52,000+ SCHOOLS, DISTRICTS, AND OUT-OF-SCHOOL TIME SITES BENEFITING FROM RESOURCES, TRAININGS, AND TECHNICAL ASSISTANCE

Benefits of Physical Activity



Strategies for Success















Maureen Neumann

National Recreation and Park Association

National Recreation and Park Association

Supporting Physical Activity Among Youth



ABOUT NRPA



The National Recreation and Park Association (NRPA) is the leading not-for-profit organization dedicated to building strong, vibrant and resilient communities through the power of parks and recreation. With more than 60,000 members, NRPA advances this mission by investing in and championing the work of park and recreation professionals and advocates — the catalysts for positive change in service of equity, climate-readiness, and overall health and well-being. For more information, visit www.nrpa.org. For digital access to NRPA's flagship publication, *Parks & Recreation*, visit parksandrecreation.org.



The Role of Parks and Recreation

In Supporting Youth Physical Activity



Provider of OST Programming



Leader in Youth Sports



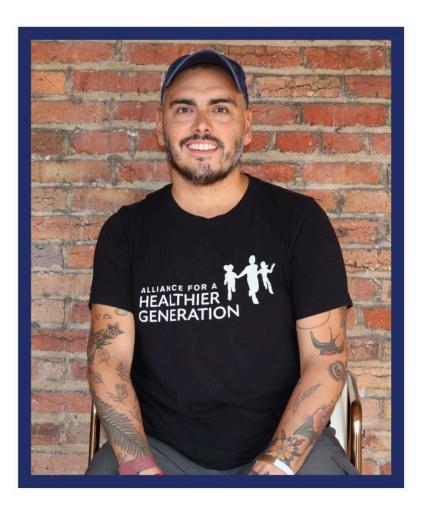
Partnerships with Local Schools



Access to Safe Spaces

Resources available at NRPA.org





Daniel Hatcher

Alliance for a Healthier Generation

Panel







Carlisa Choate YMCA of Greater Nashua

Kellsie JudgeBlack Hills Special
Services Cooperative

Becky Leatham
Community Youth in
Action





21st Century Discovery/Club Hub OST Programs - Rapid City, SD

- ★ 8 Sites, 1,082 students
- ★ 5 Elementary (K-5)
- ★ 2 Middle School (6-8)
- ★ 1 High School (9-12)

Daily Physical Activity
Active Learning
Mental Health/Mindfulness
Community Engagement
Movement/Brain Breaks
Student/Family Involvement



Pop-Up Sports
Innovative Curriculum
Arts with Movement
Outdoor Activities
Flexible Spaces
Tech Integration



Closing Remarks





Dan GilbertAfterschool Alliance

Thank you for attending today's
Engage Every Student Webinar.
Help us continue to refine future engagement opportunities by completing our short evaluation using the link in the chat.











